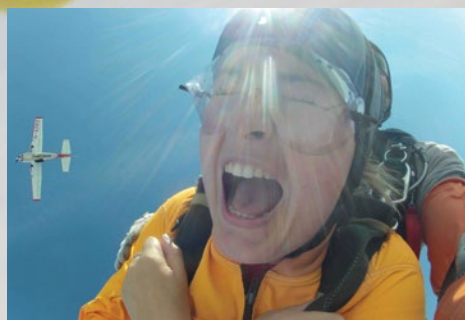


Cornwall Air Ambulance

SKYDIVE 2025

Experience the ultimate adrenaline rush over the best views in the UK – all for a great charity!



IT'S NOT JUST US THAT SAVES LIVES, YOU DO TOO!

Thank you for your interest in skydiving for Cornwall Air Ambulance – the ultimate adrenaline rush and a truly unforgettable experience. This pack is full of information about the challenge, but if you do have any questions, please don't hesitate to get in touch with the team: fundraising@cornwallairambulancetrust.org.

CORNISH PARACHUTE CLUB

Cornwall Air Ambulance have worked with the family run skydive centre – Cornish Parachute Club in Perranporth – for many years. All their instructors are fully qualified with over 22,000 jumps combined.

For this challenge, you will be taking part in a Tandem Skydive, securely strapped to the front of a highly experienced instructor and jumping from 10,000ft over the beautiful Cornish coast line – all whilst helping to save lives.

For residents and visitors alike, the charity is considered a lifeline, but it is your support that enables the crew to reach individuals that are seriously sick, critically injured and in need of urgent care. Every penny and pound you raise makes a big difference.

So from all of us here, your clinical team and the people of Cornwall whose lives you will directly impact and change, thank you!



DATES FOR 2025

CORNISH PARACHUTE CLUB

Location: Perranporth Airfield

Date: **Sunday 10 August**

Registration Fee: £50 | Fundraising Target: £395



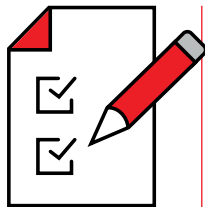
If this date does not suit you, Cornish Parachute Club can accommodate alternative dates.

“ An **amazing** opportunity to raise funds for a **great cause**. The skydive was undoubtedly a most **incredible experience** – one I will **remember forever**.
The views, the peace and quiet and moving my legs in the clouds – **fabulous!** ”

– Helen 2021

Other providers are available, including Skydive Buzz at Dunkeswell Airfield near Honiton. Please contact Skydive Buzz direct for details and remember to put Cornwall Air Ambulance Trust as your named charity.

REGISTERING FOR YOUR SKYDIVE



Once you have decided on the date you wish to skydive, please complete and return the registration form and indemnity form included with this pack and email to: fundraising@cornwallairambulancetrust.org

Alternatively, please post to:
**Cornwall Air Ambulance Trust,
 Skydive, Trevithick Downs,
 Newquay, TR8 4DY**



The medical form will need to be completed and presented in person to the Parachute Training Organisation on the day of your Skydive.

A £50 non-refundable registration fee is also payable to secure your booking. For booking dates with Skydive Buzz, please contact them direct; for dates with Cornish Parachute Club, please pay in one of the following ways:

By Cheque:

Please make cheques payable to: **Cornwall Air Ambulance Trust** and post to: **Cornwall Air Ambulance Trust, Skydive, Trevithick Downs, Newquay, TR8 4DY.**

By Phone:

Pay over the phone by calling **01637 889926.**

By BACS Transfer:

HSBC, Bodmin
Account: 31458906 | Sort code: 40-12-22

Please remember to add the payment reference: **SKYDIVE** along with your initials.

Once the forms are received and you have paid your registration fee, your booking is confirmed and you can begin your fundraising.

AGE, HEALTH AND HEIGHT



There will be lots of people trying skydiving for the first time on the same day – the nerves, excitement and anticipation will all be felt! It's a fantastic atmosphere and remember, with the experienced and highly qualified instructors, you will be in safe hands from the beginning to end.

For a tandem skydive you must be at least 16 years old (*please note, under 18 years will need permission from a parent/guardian*) and weigh under 14 stone. If you are over 65 or weigh more than 14 stone you will need to contact the parachute club before registering for your jump. Please see the table opposite for guidance on height to weight ratios.

You will be required to sign a medical form before your jump, declaring that you are fit and healthy to take part. The principal of medical restrictions include diabetes, epilepsy, recurring blackouts, heart or lung disease, mental illness and in some cases asthma. The list is not exhaustive and if you have any concerns please ensure you seek medical advice before registering.

Please ensure you complete ONE of the two medical forms you are given:

- If you are fit and well you can 'self-declare' by filling in medical form 115A.
- If you think you may suffer from any of the conditions listed or anything else that may affect your jump, please seek medical advice from your doctor and fill in medical form 115B.

Weight (stones)	Height (feet)
7.7	4.4
7.11	4.5
8.2	4.6
8.6	4.7
8.10	4.8
9.1	4.9
9.5	4.10
9.10	4.11
10.0	5.0
10.5	5.1
10.10	5.2
11.1	5.3
11.6	5.4
11.11	5.5
12.2	5.6
12.7	5.7
12.12	5.8
13.4	5.9
13.9	5.10
14.1	5.11

YOUR FUNDRAISING TARGET

Participants need to fundraise £395 to take part in the skydive. This covers your jump cost and a donation to Cornwall Air Ambulance.

The more you raise above this the bigger the donation to the charity. Our fundraising team are happy to chat to you about fundraising and have plenty of advice so please don't be daunted. Ask friends and family to sponsor you, set up an online giving page and hold a cake sale or two – you will find £395 is quite an achievable amount to raise.

We're asking participants to make sure they have 50% of their sponsorship to us 5 weeks prior to the event. This will ensure we can pay your jump costs and you can take part in the skydive. You will have 6 weeks after your jump to get the remaining 50% of your sponsorship to us.



OUR TOP FUNDRAISING TIPS

HAVE FUN

Fundraising is supposed to be fun, so whatever you do, make sure you enjoy yourself!



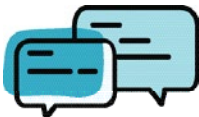
COLLECT MONEY UPFRONT

Collect sponsor money as you go along – it saves chasing people after the event.



TALK TO US

Our fundraising team is here to help. We can provide you with posters, stickers and sponsor forms to help you. Just get in touch.



START PROMOTING NOW

The more time you give yourself, the easier you'll find it.



ASK EVERYONE

Friends, neighbours, family, colleagues – the more people you ask to sponsor you, the more you'll raise.



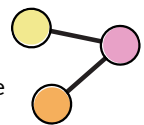
GIFT AID

Encourage everyone who can to Gift Aid their donation. If they are a UK taxpayer we can reclaim an extra 25p on every £1 they donate – at no cost to them!



SHARE

Make sure you share photos of the event with your sponsors after the event, so they can see what you did for their donation.



GO ONLINE

Use an online giving page to boost your fundraising. Share the link with friends, family and colleagues by email and social media.

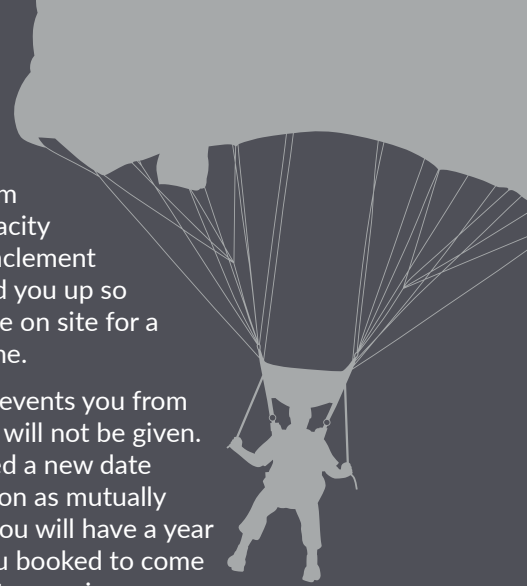


WHAT YOU NEED TO KNOW AND WHAT TO EXPECT ON THE DAY

The registration fee is non-refundable so we want to make sure you are aware of the following BEFORE you register:

- Once a booking is made it is final. Deposits and fees are non-refundable.
- The balance of the jump itself is due prior to your skydive. This is why we require 50% of your sponsorship to be handed in 5 weeks before the day.
- If you are booking with the Cornish Parachute Club, your arrival time will be stated in your booking confirmation email from them, along with all of the details and requirements for the day of your skydive.
- If you are booking with Skydive Buzz you will be advised of your arrival time when booking your jump. Please comply with all of their rules, these are in place for your safety.
- Please expect to be at the airfield ALL DAY on the day of your jump. The Cornish Parachute Club do get busy, sometimes with 15+ people jumping in one day, each flight can take 2 tandems at a time and will take around 40 minutes to complete each jump.

- Although the Skydive Buzz team have a larger capacity on their flights, inclement weather may hold you up so again expect to be on site for a long period of time.
- If bad weather prevents you from jumping a refund will not be given. You will be offered a new date to try again as soon as mutually convenient and you will have a year from the date you booked to come back and complete your jump.
- Your paperwork must be received by Cornwall Air Ambulance for us to share with the skydive provider. If we do not receive this and you do not bring it with you on the day you will not be allowed to jump and the balance of payment and fundraising will still be due.
- If you fail to turn up on the day of your jump you will still be liable for the balance of payment and fundraising.
- If you would like a momento of your jump photo and video packages are available with both providers. You will not be able to wear your own GoPro cameras. Packages must be booked in advance so please contact the skydive provider directly.
- The day of your jump will be nerve wracking but please be patient. The team do try to complete jumps as quickly as possible so we ask that participants do not chase them on the day as this can slow the process. It is worth the wait!



“ I absolutely loved the jump! The rush is indescribable. ”
- Alison 2021

“ It was the experience of a lifetime! ”

- Laura 2021

Cornwall Air Ambulance

 Your charity, saving lives

Cornwall Air Ambulance Trust

Trevithick Downs, Newquay, Cornwall, TR8 4DY

Call: 01637 889926

Email: fundraising@cornwallairambulancetrust.org
cornwallairambulancetrust.org

@cornwallairamb

Registered charity 1133295



REGULATING
REGULATOR



Cornish Parachute Club

Call: 07790 439653

Email: cornishparachuteclub@hotmail.co.uk

Visit: cornishparachuteclub.co.uk